Coverage Period: 07/01/2023 – 06/30/2024
Coverage for: Individual + Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.mymisterhealth.com</u> or by calling 1-888-971-7277. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.mymisterhealth.com</u> or call 1-888-971-7277 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$1,400 person / \$2,800 family In-network \$4,000 person / \$8,500 family Out-of-network	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,000 person / \$12,000 family In-network \$16,000 person / \$32,000 family Out-of-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Copayments for certain services, penalties, premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.mymisterhealth.com</u> or call 1-888-971-7277 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	\$20 Copay per visit Premium Designation; \$40 Copay per visit Non-premium Designation; Deductible Waived	40% Coinsurance	None
If you visit a health care provider's office or clinic	<u>Specialist</u> visit	\$30 Copay per visit Premium Designation; \$50 Copay per visit Non-premium Designation; Deductible Waived	40% Coinsurance	None
	Preventive care/screening/ immunization	No charge; Deductible Waived	40% Coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	\$20 Copay per visit Premium Designation; \$40 Copay per visit Non-premium Designation PCP; \$30 Copay per visit Premium Designation; \$50 Copay per visit Non-premium Designation Specialist office setting; No charge outpatient setting; Deductible Waived	40% Coinsurance	None
	Imaging (CT/PET scans, MRIs)	20% Coinsurance	40% Coinsurance	Preauthorization is required.

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you need	Tier 1 (generic and some brand- name)	\$10 Copay per prescription (retail); \$25 Copay per prescription (mail order)	If you use a Non-Network Pharmacy, you are responsible for payment upfront. You may be reimbursed based on the lowest contracted amount, minus any applicable deductible or copayment amount.	Out-of-pocket limit applies Covers up to a 30-day supply
drugs to treat your illness or condition.	Tier 2 (preferred brand-name and some generic)	\$35 Copay per prescription (retail); \$87 Copay per prescription (mail order)		(retail & specialty); 32-90 day supply (mail order) You must pay the difference in cost
More information about	Tier 3 (nonpreferred brand-name and nonpreferred generic)	\$60 Copay per prescription (retail); \$150 Copay per prescription (mail order)		between a Generic drug and Brand- name drug when a medical professional has not specified a Brand- name drug or has not indicated that the Brand-name drug is necessary, this difference is not applied to preferred brand-name products in the high priced generic strategy, until the out-of-pocket is met
prescription drug coverage is available at www.umr.com.	Tier 4 (specialty drugs)	\$10 Copay per prescription (Tier 1); \$35 Copay per prescription (Tier 2); \$60 Copay per prescription (Tier 3)		
If you have	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	40% Coinsurance	Draguth origination in required
outpatient surgery	Physician/surgeon fees	20% Coinsurance	40% Coinsurance	Preauthorization is required.
If you need	Emergency room care	\$300 Copay per visit; Deductible Waived	\$300 Copay per visit; Deductible Waived	Copay may be waived if admitted
immediate medical attention	Emergency medical transportation	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits
	<u>Urgent care</u>	\$50 Copay per visit; Deductible Waived	\$50 Copay per visit; Deductible Waived	None

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you have a	Facility fee (e.g., hospital room)	20% Coinsurance	40% Coinsurance	Preauthorization is required.
hospital stay	Physician/surgeon fees	20% Coinsurance	40% Coinsurance	
If you have mental health, behavioral health, or	Outpatient services	\$20 Copay per visit Premium Designation; \$40 Copay per visit Non-premium Designation; Deductible Waived Office visits; 20% Coinsurance other outpatient services	40% Coinsurance	Preauthorization is required for Partial hospitalization & Intensive outpatient.
substance abuse services	Inpatient services	20% Coinsurance	40% Coinsurance	<u>Preauthorization</u> is required.
	Office visits	No charge; Deductible Waived	40% Coinsurance	Cost sharing does not apply for
If you are pregnant	Childbirth/delivery professional services	20% Coinsurance	40% Coinsurance	preventive services. Depending on the type of services, deductible, copaymen or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.
	Childbirth/delivery facility services	20% Coinsurance	40% Coinsurance	ultrasound).

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
	Home health care	20% Coinsurance	40% Coinsurance	Preauthorization is required.
If you need help recovering or have other special health needs	Rehabilitation services	\$50 Copay per visit; Deductible Waived	40% Coinsurance	60 Maximum visits per calendar year; Habilitation services for Learning Disabilities are not covered.
	Habilitation services	\$50 Copay per visit; Deductible Waived	40% Coinsurance	
	Skilled nursing care	20% Coinsurance	40% Coinsurance	60 Maximum days per calendar year; Preauthorization is required.
	Durable medical equipment	20% Coinsurance	40% Coinsurance	Preauthorization is required for DME in excess of \$1,500 for purchases & all rentals.
	Hospice service	20% Coinsurance	40% Coinsurance	None
If your child needs dental or eye care	Children's eye exam	No charge; Deductible Waived	No charge; Deductible Waived	1 Maximum exam per calendar year
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.

- Private-duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care

Hearing aids

Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.HealthCare.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.HealthCare.gov. Additionally, a consumer assistance program may help you file your appeal. A list of states with Consumer Assistance Programs is available at www.HealthCare.gov and http://cciio.cms.gov/programs/consumer/capgrants/index.html.

Does this plan Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-971-7277.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,400
■ Specialist copayment	\$30
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay: Cost Sharing **Deductibles** Copayments

Coinsurance	\$1,700
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$3,300

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a wellcontrolled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,400
■ Specialist copayment	\$30
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work)

Prescription drugs

\$1.400 \$200 Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing		
Deductibles*	\$200	
Copayments	\$1,300	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,520	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,400
■ Specialist copayment	\$30
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic tests (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example (Cost	\$2,800

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Cost Sharing		
<u>Deductibles</u> *	\$1,200	
Copayments	\$500	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,700	

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: www.mymisterhealth.com or call 1-888-971-7277.

*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?"" row above.